

Bible Study

July 29, 2020

Worry vs. Trust Part IX

Main Thought: Worry and Trust are mutually exclusive.

- It is impossible to Worry AND Trust God!

ABCS of Trust

- 4 components of Trust
 - Acceptance
 - Belief
 - Choice
 - Dependency
- 1st ABC of Trust
 - **Acceptance**
 - Acknowledge your inability
 - God doesn't need you to be able because He is able!!
- 2nd ABC of Trust
 - **Belief**
 - Trust in God doesn't happen without First Believing in God
 - John 14:1 (AMP) Do not let your heart be troubled (afraid, cowardly). Believe [confidently] in God and trust in Him, [have faith, hold on to it, rely on it, keep going and] believe also in Me.
 - A Belief is a deeply rooted thought. Belief is based on what you think!
 - Belief always come before Behavior. You Can't behave right with a wrong belief.
- 3rd ABC of Trust
 - **Choice**
 - Trust is a choice!
- 4th ABC of Trust
 - **Dependency**
 - We must put your weight on God
 - Ephesians 3:20
 - Philippians 4:19
- We put these ABCS in to action everyday- Sitting in a chair, Cranking up a car
- How do we know we Trust God?
 - Trouble
 - Where you run to when in trouble, reveals what you trust in
 - Trouble is an opportunity to trust God!
 - Trouble will teach you how to depend on God
 - James 1:2-4
 - 2 Corinthians 1:8-10